

The mission of the TRIAD is to reduce the fear of crime and the criminal victimization of our older citizens, thereby improving the quality of their lives. TRIAD will involve the communities by implementing solutions to the seniors' needs, strengthening communication between law enforcement and senior communities, and educating seniors on local and state resources available in their community.

Our TRIAD covers Spotsylvania and Stafford counties and the City of Fredericksburg. We educate the senior community on Frauds and Scams, Safety, Crime Prevention and other issues that effect the senior community. We have presented an "End of Life" series several times at local locations dealing with what to do before and after a person dies. We have participated in Operation Medicine Cabinet to collect drugs no longer needed and participate with local law enforcement in gathering needed supplies for seniors that are distributed through Healthy Generations AAA at Christmas. Our members include local law enforcement, AARP, representatives of home care organizations and concerned seniors. Please visit our webpage at <http://spotsylvaniastaffordfredericksburgtriad.com> to learn more. We would like to get more seniors involved in the events that we participate in and how our organization is run. If you have a topic that effects you as a senior that more information would be helpful then please let me know.